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# WE WHO ARE MANY ARE ONE BODY 1 Cor 10.17

## Street to Trail Association

Street to Trail Association helps adults living on the streets of Toronto rediscover their inner sense of worth using the healing power of the natural world. Street to Trail organizes wilderness hikes, canoe trips, and other outdoor excursions that help homeless people experience the beauty and therapeutic calmness of nature. We believe that by getting troubled people away from the city to participate in a wilderness trip, they can increase their self-confidence and resourcefulness; enjoy a positive environment to support overcoming addictions; find new, meaningful relationships; and rediscover lost feelings of peace and hope.

### Contact

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