



On July 21st, 2018, a group of cyclists will be meeting in Shanty Bay Ontario for a day of two wheeled fun and fellowship. All levels of riders inside and outside the church are welcome.

Many Anglicans will recognize this event as a reference to the more famous prayer cycle which is part of our regular worship service. You are welcome to ride your bicycle prayerfully or playfully. A relaxing ride chatting with friends old and new, or an opportunity to push your body beyond your expectations. It is up to you how and why you ride.

Rides will begin and end at: St. Thomas Anglican 28 Church Street, Shanty Bay, L0L 2L0

Distance	Departure Time	Course
15-30 km	11:00am	Flat rail trail packed gravel
73 km	9:00am	Gentle hills paved roads

After the ride a meal will be provided. We will be accepting donations to cover the cost of the meal as well as fundraising for the PWRDF (Primate's World Relief and Development Fund). There will be opportunities to swim after the ride as well.

A few notes:

- Rides leave on time
- Please ensure your bicycle is in good working condition
- Helmets are mandatory
- Please bring sufficient water bottles
- Please obey all traffic signs
- No riders will be left behind

To register or if you have any questions, please contact:

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