

# Re-Launching Your Life: Heading into Retirement

## *Facilitators -*

**Heather Bennett, Adult Educator &  
Retirement Transitions Coach**

**Murray MacAdam, Retirement Program  
Instructor; Former Diocesan Social  
Justice Consultant**

invite you to spend a day thinking,  
dreaming, walking, talking in pairs and in  
small groups, as you contemplate this  
purposeful phase of your life.

## **Join Trent-Durham Clergy to Consider:**

- *How is God calling me into new ways of living in retirement?*
- *What will be my main purpose?*
- *How can retirement enable me to make best use of my capabilities and resources?*
- *Having been retired for a while, how can I enrich my retirement experience?*



**FRIDAY, JUNE 7**

8:45 am to 3:30 pm

**St. John the Evangelist**

99 Brock St., Peterborough

***Registration Free & Lunch Provided***

***Register by May 30 - Contact Sheila Robson***  
***[srobson@toronto.anglican.ca](mailto:srobson@toronto.anglican.ca) or 905.668.1558***

***"The themes made me reach deep into my soul and look at what's really important to me."***  
Re-Launching Your Life participant, St. James Cathedral, November 2017