

Reduce Your Risk:

Health & Safety During COVID-19

Protect yourself and others



Return home /work from home, if you have an unexplained recent symptom such as cough, fever, shortness of breath, runny nose, sneezing or sore throat. Advise your supervisor immediately



Frequently wash your hands or use hand sanitizer (with 60% alcohol)



Maintain physical distance of 2 meters/6 feet from others whenever possible



Avoid touching your eyes, nose and mouth



When required to work within 2 meters/6 feet with others, wear a mask and /or disposable gloves