



# Anglican Church Women Diocese of Toronto

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ACW Newsletter Spring 2022

## PRAYER LINKS

### March

- The deanery of Huronia
- ACW sisters in Dioceses of Niagara, Nova Scotia, PEI & Ontario
- Canadian Mothers' Union
- Mission to Seafarers
- Women in Diocese of Bungoma, Kenya

### April

- Deanery of Mississauga
- Deanery of North Peel
- ACW Sisters in Ottawa, Qu'Appelle, Quebec
- Threshold Ministries (formerly Church Army)

### May

- Deanery of Nottawasaga
- Deanery of Oshawa
- ACW Sisters in Saskatoon, Saskatchewan
- Episcopal Church in the USA
- Chaplaincies in Diocese of Toronto

## National Prayer Partners

- The ACW's in the Diocese of Toronto are to pray for the ACW's in the Diocese of Central Newfoundland.
- The ACW's in the Diocese of British Columbia are praying for the ACW's in the Diocese of Toronto.

## COMMUNICATIONS

Website: [www.toronto.anglican.ca](http://www.toronto.anglican.ca)  
(under Departments and Ministries)

Please send us your photos and news of your women's activities.

**Deadline for next issue:  
September 15, 2022**

## WOMEN'S CREATIVITY

To quote the UNESCO website, "Women's creativity is unstoppable".

According to Google, a creative idea results when two or more notions come together in the mind in order to create a new notion. Using our creative thinking skills is a critical part of all our lives. It is the art of imagining possibilities by using various techniques such as problem solving, using your analytical mind or thinking outside the box, or trying something that has never been done before.

Many of us do not consider ourselves to be creative, but we are!! How often as a mother, wife, sister, friend, volunteer, employee or employer have you had to deal with a delicate situation or problem? Creating a homey atmosphere for living, adjusting recipes to suit your taste, being a hand crafter or organizing a dinner/ luncheon for your church - all require your creativity.

What can we do to come up with new ideas? Various articles suggest the following techniques.

**Brainstorming:** This can be useful for small or large-scale problems that require a creative solution. The main goal is to gather a group of people to throw around ideas without interference. For it to work well, all participants must be aware of the problem that requires a creative solution and be familiar with how brainstorming works. Be sure to record all the ideas.

**Lateral thinking:** This involves looking in **less obvious areas of reasoning**. Try to put yourself in different perspectives or reverse the problem to look at it differently. The most important aspect of this process is to **go where you would not usually choose to go**, to imagine solutions that cannot be arrived at via logical means. Not relying on established patterns of thinking, paying attention to random stimulation, looking at alternative approaches and deliberately altering elements of available options (like doing the opposite of an implied direction or reversing any relationship) are all elements of lateral thinking.

**Mind Mapping:** A mind map is a chart/diagram where you input ideas and connect them. This process helps you connect ideas you never imagined could be combined. Because of that, it might help you reach appropriate solutions while using creative thinking skills. A mind map can serve as **a way to see a bigger picture regarding what you are trying to do**, and naturally reach conclusions.



**BE CREATIVE, DEVELOP NEW PROJECTS AND ACTIVITIES,  
ENJOY YOUR LEARNING AND FELLOWSHIP  
.....and may God bless your creativity!**

## PRESIDENT'S MESSAGE

Dear Friends in Christ

**A**s we enter the season of Lent, we are reminded that this is a time to prepare for Holy Week and Easter through prayer, reflection and repentance.

In his book *'Speaking Christian'*, *Marcus Borg* states that the biblical meaning of repentance is "to turn, to return to God". "To repent is to embark on a journey to God, a journey that is also with God". "It is about change to see things in a new way".

As we emerge from the isolation we have felt during the pandemic, life as we have known it has changed and will continue to change. How we adapt to this change is up to us. How we support our fellow Anglican Church Women during this change process is up to us. Will we be reawakened and energized or will we feel unsettled and disheartened? As you resume your activities, take time to pray and reflect on what is most important in your special women's ministry. Embrace what you missed most, but be prepared to put aside what you have not missed. Look for new ways to serve Christ, your fellow parishioners and your community. Be creative.

The theme of 2022 Annual General Meeting, "Renewed For Change" reminds us to embrace change and be renewed. Talk to neighbouring churches and learn how other women's groups have enriched their ministry by introducing new and innovative activities during the pandemic.

May you and your family have a blessed Lent and a joyous Easter!

**Enid Corbett**



### Lenten Prayer

Lord God, heavenly Father, you know that we are set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant us such strength and protection, to support us in all danger, and carry us through all temptations; through your Son, Jesus Christ our Lord. Amen

**Who** could have imagined when we first started hearing of the coronavirus, our lives would so drastically change and for so long? Who would have thought? Who would have imagined that we would still be living under mandates in Easter 2020, Easter 2021 and now close to Easter 2022? Who would have thought?

We are still waiting for hugs, to attend birthday parties, weddings, baptisms, confirmations, and to visit a sick friend. We wait for the knock of a visit, but it doesn't come. We still wait to share the many things that bring us joy and are part of our lives and culture. Who would have thought? We waited for a vaccine, and the waiting proved fruitful. We are beginning another Lent under the shadow of COVID, and we are tired of living in the shadows of waiting. But as I stated last year, shadows change, move and lift, and the shadow of Covid is much shorter and lifting. We still live in a culture of impatience, instant gratification, increasing secularism, and individualism. Society has little patience, but we have all been forced to adapt more patience, either by choice or by circumstance.

I have learned more patience through these times, as I suspect many have. I have often reflected on the patience God shows in waiting for us in times of waiting. He shows patience in waiting for us to understand how infinite his love is. He showed patience with the disciples and those he engaged in his earthly ministry. He performed many miracles, fulfilled the scriptures, healed the sick, forgave, taught, all in the presence of many, yet they still did not understand until later. We are still waiting for the world to understand. We are not alone!!!

Some waited patiently, such as Noah waiting for the floodwaters to recede, the Hebrew exiles waiting in Babylon, Zechariah waiting for his voice to return, Sarah waiting many years for a child, and Mary and Joseph, waiting for a baby who would bring salvation. I think of the disciples as they waited in the upper room in terror, anticipating a knock on the door. We still have a few more "knocks" before returning to our "normal" lives and church families. But as we wait for Easter, let us share with people that there is one "knock" that needs no patience or waiting. As Matthew states, "Ask, and it will be given to you; seek and you will find; knock, and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened."

Have a blessed Easter.

**Rev. Canon Joan Cavanaugh-Clark**  
ACW Chaplain, Diocese of Toronto

## WHAT TO GIVE UP FOR LENT

**GIVE UP** grumbling! Instead, "In everything give thanks." Constructive criticism is OK, but "moaning, groaning and complaining" are not Christian principles.

**GIVE UP** 10 to 15 minutes in bed! Instead, use that time in prayer, Bible study and personal devotion.

**GIVE UP** looking at other people's worst points. Instead concentrate on their best points.

**GIVE UP** speaking unkindly. Instead let your speech be generous and understanding. It costs little to say something kind and uplifting.

**GIVE UP** your hatred of anyone and anything! Instead, learn the discipline of love. "Love covers a multitude of sins."

**GIVE UP** your worries and anxieties! Instead trust God with them.

**GIVE UP** TV one evening a week! Instead visit some lonely or sick person (if even by telephone). Give someone the precious gift of your time.

**GIVE UP** buying anything but essentials for yourself. The money you spend on the luxuries could help someone meet basic needs. We are called to be stewards of God's riches, not consumers.

**GIVE UP** judging by appearances and by the standard of the world. Instead, learn to **GIVE UP** yourself to God. There is only one who has the right to judge, Jesus Christ!



**I Know the Plans I Have for You**  
Jeremiah 29: 1-14

*Written by the WDP Committee of  
EWNl - England, Wales, and North-  
ern Ireland*

**Friday March 4, 2022**

**World Day of Prayer**

We hope you are able to connect with a World Day of Prayer service in your local area. You can access the 55-minute service video produced by the Women's Inter-Church Council of Canada, can be watched at home, or via Zoom with others, or via local TV stations.

For info or assistance, please contact:

Ontario: Cathy Tubb (ACW member of Christ Church Stouffville): [fieldrep45@wicc.org](mailto:fieldrep45@wicc.org) 416 450 1027

Toronto: Janet MacFadyen [communications@wicc.org](mailto:communications@wicc.org) 647-515-7770

<https://wicc.org/get--involved/events/>.

<https://wicc.org/wicc-store/> to order a DVD or USB stick.

### What does ACW mean to you?

We'd love to hear your reflections on what Anglican Church Women has meant to you. We'd like to share those with others in future issues. You can choose to be anonymous. Please forward your thoughts to **June Dyer** at [j.dyer19@sympatico.ca](mailto:j.dyer19@sympatico.ca).

## Fundraising

Here are some fundraising ideas with tips on how-to. Use e-mail, telephone or however your parish communicates. Plant Sales can be tailored toward the seasonal celebrations (Easter, Christmas); the same applies to the Bake Sale.

**Flowers/Plants Sale.** Visit the websites or phone to request the fundraising program. Select a few plants from the list for simplicity, decide on prices. Advertise in your parish and/or local communication. Establish order, payment and (plant) pick-up dates. Start early to allow time for advertisement, to collect orders, plant delivery and pick-up. Suppliers are:

- Bradford Greenhouses 905 775 2942  
[shop.bradfordgreenhouses.com](http://shop.bradfordgreenhouses.com)
- Terra Greenhouses (King City) 905 832 6955  
[terragreenhouses.com](http://terragreenhouses.com)

**No-Bake Sale.** Advertise to the parish about the No Bake Sale, asking for donations in the amount that would have been spent to bake or to buy baked items. Cheques should be made payable to the church, marked ACW.

**Bake Sale.** There are always those who love baking and those who like buying homemade baked goods! Contact the bakers in the parish asking them what they could provide. Send out a notice with a number of pre-set items available for purchase (e.g. butter tarts, lemon loaf, shortbread, pie, etc.) with prices. Orders are received with payment. Then the bakers are telephoned with their orders. Baked items are delivered at specific time to the church, sorted, and... picked up by purchasers at a different pre-arranged time

Work with a local bakery: One parish contacted a known bakery in their area about baking a specific item (shortbreads? butter tarts? cookies?) with how many they could supply at a certain date and at what cost. Cheese is another item that could work in an area where there is a "cheese producer". Advertise what is available and the price - increased price of course. Established specific pick-up date & times. One parish asked folks to "pay at one window/door/place" and "pick up at the other" similar to fast-food drive-through windows.

## Anglican Foundation – “Say Yes to Kids”

At its November meeting, the AFC Board approved a campaign plan for Say Yes! to Kids 2022, setting a \$500,000 goal and introducing an innovative partnership model of fundraising. “Our hope is that this campaign will be both empowering and energizing,” says Dr. Scott Brubacher, Executive Director, “enabling our churches to harness the power of peer-to-peer (P2P) fundraising to grow sustainable revenue streams for youth programs, while connecting them with other churches across Canada, as well as diocesan and national ministries, that are growing a brighter future for young people, today.”

Michelle Hauser, AFC’s Development and Communications Consultant says, “Any Anglican parish in Canada with a vision for outreach to young people is eligible to apply to form a fundraising team and campaign alongside like-minded parishes nationwide from April 1 to June 30.” Hauser says teams will be able to set their own fundraising goals, and they will receive support with communications, case development, and training from AFC throughout the campaign. “Teams will also benefit from an AFC-led leadership giving campaign that will boost their efforts, including matching gifts.”

Those who wish to learn more about Say Yes! to Kids should visit [anglicanfoundation.org/say-yes-to-kids](http://anglicanfoundation.org/say-yes-to-kids) to register for an upcoming webinar and download AFC’s campaign FAQs sheet. “I also encourage anyone who has questions to reach out to me directly,” says Hauser, who can be reached at [mhauser@anglicanfoundation.org](mailto:mhauser@anglicanfoundation.org).

***N.B. Scott Brubacher will be our guest speaker at the Annual General Meeting on April 30. Come and hear!***

## Thank You from 360° Kids

Thank you very much for the donation of \$1,000 that was made by the Anglican Church Women as a part of their “special project monies” initiative. We greatly appreciate your generous support!

Through 360°kids' youth programs we are helping young adults who are vulnerable or in crisis offering support services such as outreach, emergency and transitional housing, counselling, employment programs, food and essential needs which provide stability in their lives, increase their support system, and teach them greater self-sufficiency.

## Special Projects 2022-2023

Our focus for Special Projects during the next 2 years is **Mental Health for Children and Youth**. Each area will decide on a project (or two) to support for the next two years. We are accumulating a list of potential agencies or projects to support. If you have a suggestion, please contact your local rep or call the ACW office and leave a message.

### Youth Without Shelter (YWS)

Thank you for your generous donation of \$1000.00 to Youth Without Shelter. YWS provides a safe refuge for youth who – often through circumstances beyond their control – have found themselves without a home to call their own. Demand for our services is increasing. Youth make up the fastest-growing population of homeless people in Canada, and their needs are changing, requiring longer stays and deeper support. The longer youth remain homeless, the greater the negative outcomes. Early intervention is key.

### Homeward Bound

Thank you for your very generous contribution to Homeward Bound. Your gift helps our women break the cycle of poverty through education and creates real and sustained change for their families in our community. Your donation helps our families with much needed items such as groceries, counselling, school supplies, training certificates and one-time emergency supports to help our mothers navigate un-anticipated life events. These life supports stabilize the women in our program enabling them to achieve academic success.

## Lenten Retreats

### Holy Ground: Discovering God-At-Home with Us

A Quiet Day to reflect on the themes of Home, God-at-Home with us and holy ground of growing older.

**Saturday, March 12, 2022**

10:00 a.m. – 3:30 p.m.

Led by Sr. Doreen McGuff

### A journey from Creation to Resurrection

**March 3 – April 28, 2022**

Thursdays 7:00 – 8:30 p.m.

Sr. Constance Joanna -

### Sisters of St. John the Divine

Details & cost available at [ssjd.ca](http://ssjd.ca)

## Items for Sale at the ACW Office

The following items are available through the Toronto Diocesan Anglican Church Women's Office:

Diamond-Chip Chancel Guild or ACW Pins with Certificate	\$60.00
ACW or Chancel Guild Pins	\$35.00
ACW Aprons	\$25.00
ACW Tote Bags	\$5.00
National ACW Pins	\$5.00
Chancel Guild Manuals	\$5.00 or 4/\$15.00
ACW Notes with Envelopes	\$5.00/package of 4
ACW Notebooks	\$3.00**
ACW Pens	\$2.00
ACW Bookmarks, ACW or Chancel Guild Prayer Cards	\$0.35 or 3/\$1.00

\*\*Reduced price for "Quick Sale"

Order can be placed by email or phone  
[acw@toronto.anglican.ca](mailto:acw@toronto.anglican.ca) 416-363-0018

## Memorial Book

A reminder that there is a Memorial Book displayed in the Diocesan office that records the names of Anglican Church Women honoured by their colleagues. Suggested donation for the inscription is \$20. See the website:

[Toronto.anglican.ca/About Us/Departments/Anglican Church Women/Forms/Memorial Book Application Form](http://Toronto.anglican.ca/About Us/Departments/Anglican Church Women/Forms/Memorial Book Application Form).

Copies can also be sent via snail mail or e-mail from the ACW office.

## Charles Schulz Philosophy (Charlie Brown)

1. List a few teachers who aided your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people who have made you feel appreciated and special.
5. Think of five people you enjoy spending time with.

These are the folks that are important in life.



### Did you know ...

'Stewardesses' is the longest word typed with only the left hand.  
And 'lollipop' is the longest word typed with only your right hand.  
No word in the English language rhymes with month, orange, silver, or purple.  
'Dreamt' is the only English word that ends in the letters 'mt'.  
There are only four words in the English language which end in 'dous': tremendous, horrendous, stupendous, and hazardous.  
There are two words in the English language that contain all five vowels in order: 'abstemious' and 'facetious'.

## ONE.....

One tree can start a forest;  
One smile can begin a friendship;  
One hand can lift a soul;  
One world can frame the goal;  
One candle can wipe out darkness;  
One laugh can conquer gloom;  
One hope can raise your spirits;  
One touch can show you care;  
One life can make a difference.  
Be that one today!

Where there's a will, I want to be in it.

Since light travels faster than sound, some people appear bright until you hear them speak.

We never really grow up -- we only learn how to act in public.

War does not determine who is right, only who is left.

Knowledge, is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.

To steal ideas from one person is plagiarism. To steal from many is research.

I didn't say it was your fault, I said I was blaming you.

If God wanted me to touch my toes, he'd have put them on my knees.

You do not need a parachute to skydive. You only need a parachute to skydive twice.

I spend a lot of time thinking about the hereafter....I go somewhere and then wonder what I'm "here after".

Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.

I'm supposed to respect my elders, but it's getting harder and harder for me to find someone older than me.





THE ANGLICAN CHURCH WOMEN  
DIOCESE OF TORONTO

Theme:  
**“Renewed for Change”**



## Annual General Meeting (via Zoom)

Saturday 30 APRIL 2022

10:00 am - 12:00 noon

Special Guest: **Scott Brubacher**  
Executive Director - Anglican Foundation of Canada  
“Say Yes to Kids”

1st April 2022:

- Registration link will be emailed to each church
- Registration information will be on the Diocesan website

For further information:

Phone: 416-363-0018 (leave message)

E-Mail: [acw@toronto.anglican.ca](mailto:acw@toronto.anglican.ca)

Diocesan website: [toronto.anglican.ca](http://toronto.anglican.ca)