



Clergy Pre-Lenten Day
“Lenten Journey, Lenten Song”
Opening Service

February 21, 2023
Holy Eucharist at 10:00am

The Cathedral Church of St. James
Diocese of Toronto • Anglican Church of Canada

Land Acknowledgement

This sacred land is the territory of several Indigenous Nations - the Wendat, the Haudenosaunee, and the Anishnaabe, with special recognition to the Mississaugas of New Credit.

We also acknowledge that we are on the shores of Niigaani-gichigami / Lake Ontario.

This territory is governed by the Dish With One Spoon Wampum Belt Treaty, an agreement between the Haudenosaunee Confederacy and the Anishnaabe Confederacy to peaceably share and sustain the life of the Great Lakes.

In the spirit of that Treaty we seek to place at the centre of our gatherings the values of respectful reciprocity, diversity, peace, responsibility, and mutual aid.

Gathering of the Community

Prelude

Bishop Blessed be the holy Trinity, the one God who forgives all our sin, whose mercy endures forever.

All **Blessed be God for ever. Amen.**

Bishop God of all mercy and consolation, come to the help of your people turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Saviour and Lord.

All **Amen.**

Confession and Absolution

Bishop Let us confess our sin in the presence of God and of one another.

Gracious God,

All **have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life, through Jesus Christ our Saviour and Lord. Amen.**

Bishop Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All **Amen.**

Hymn

Tune: Beach Spring

All

Come and journey with a Saviour who has called us from our birth,
who has washed us in the waters, and who loved us on the earth.

Refrain

*Come and journey, come and journey with a Saviour who has come.
We are all God's sons and daughters; in the Spirit we are one.*

Come and journey, journey inward, come and seek him deep within,
where he meets us in our living, in our striving and our sin. *Refrain*

Come and journey, journey outward, telling others of his name,
telling others of his glory, of his cross and of the shame. *Refrain*

Come and journey, journey outward, where that cross calls us to care,
where injustice and where hunger and the poor call us to share. *Refrain*

Come and journey, journey upward. Sing his praises, offer prayer.
In the storm and in the stillness find his presence everywhere. *Refrain*

Come and journey, journey onward; all our gifts we now shall bring
to the building of a city that is holy, Christ its King. *Refrain*

Text: Herbert O'Driscoll;

Music: Melody *The Sacred Harp*, Mason, 1844; attrib. to Benjamin Franklin White.

Collect of the Day

Bishop

Compassionate God, you transfigured your Son, Jesus Christ, before the
eyes of your chosen witnesses and they were overcome by fear.
Transfigure us so that we may turn from fear to love and reveal your
compassion for all humanity; through Jesus Christ, the beloved.

All

Amen.

THE PROCLAMATION OF THE WORD

The Reading

Genesis 12: 1-4a

Reader

Now the Lord said to Abram, 'Go from your country and your kindred
and your father's house to the land that I will show you. I will make of
you a great nation, and I will bless you, and make your name great, so that
you will be a blessing. I will bless those who bless you, and the one who
curses you I will curse; and in you all the families of the earth shall be
blessed.' So Abram went, as the Lord had told him; and Lot went with
him.

Reader

The word of the Lord.

People

Thanks be to God.

Please remain seated.

Psalm

Psalm 121

Tone 7 vi



Cantor

I lift up my eyes to the hills;
from where is my help to come?

All

**My help comes from the Lord,
the maker of hea-ven and earth.**

Cantor

He will not suffer your foot to stum-ble;
he who watches over you will not sleep.

All

**Behold, he who keeps watch o-ver Is[^]ra-el
shall neither slum-ber nor sleep.**

Cantor

The Lord himself watch-es o[^]ver you;
the Lord is your shade at your right hand,

All

**So that the sun shall not strike you by day,
– nei-ther[^] the moon[^] by night.**

Cantor

The Lord shall keep you from all e-vil;
it is he who shall keep[^] your soul.

All

**The Lord shall keep watch over your going out and your com-ing in,
from this time forth for ev[^]er-more.**

Please stand, as you are able.

Gospel Acclamation

Celtic Alleluia

Cantor

Alleluia! Alleluia! Alleluia!

People

Alleluia! Alleluia! Alleluia!

Cantor

One does not live by bread alone,
but by every word that comes from the mouth of God.

People

Alleluia! Alleluia! Alleluia!

The Holy Gospel

Matthew 4: 1-11

Gospeller

The Lord be with you.

All

And also with you.

Gospeller

The Holy Gospel of our Lord Jesus Christ according to Matthew.

All

Glory to you, Lord Jesus Christ.

Gospeller Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.

Gospeller The Gospel of Christ. *All* Praise to you, Lord Jesus Christ.

Reflection

The Apostles' Creed

Bishop Let us confess the faith of our baptism, as we say,

All **I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

The Prayers of the People

The Peace

We offer each other a sign of peace, as you feel comfortable.

Bishop We are the Body of Christ. By the one Spirit we are all baptized into one Body, and have been made to drink of the one Spirit.

All **Let us then pursue the things that make for peace and build up the common life.**

Bishop The peace of the Lord be always with you.

All **And also with you.**

THE CELEBRATION OF THE EUCHARIST

Offertory Hymn

Tune: Breslau

All Take up your cross," the Saviour said,
if you would my disciple be;
deny yourself, the world forsake,
and humbly follow after me.

Take up your cross; let not its weight
fill your weak soul with vain alarm;
his strength shall bear your spirit up,
and brace your heart, and nerve your arm.

Take up your cross, nor heed the shame,
and let your foolish pride be still;
your Lord for you endured to die
upon a cross, on Calvary's hill.

Take up your cross, then, in his strength,
and calmly every danger brave:
'twill guide you to a better home
and lead to victory o'er the grave.

Take up your cross and follow Christ,
nor think till death to lay it down;
for only those who bear the cross
may hope to wear the glorious crown.

Text: Charles William Everest;
Music: Melody Lochamer Liederbuch.

Prayer over the Gifts

Bishop God of mercy and grace, the eyes of all wait upon you, and you open your hand in blessing. Fill us with good things at your table, so that we may come to the help of all in need, through Jesus Christ, our redeemer and Lord.

All **Amen.**

The Great Thanksgiving

Bishop The Lord be with you.

People **And also with you.**

Bishop Lift up your hearts.

People **We lift them to the Lord.**

Bishop Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Bishop It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever.

Therefore with angels and archangels, with the fellowship of saints and the company of heaven, we glorify your holy name, evermore praising you and singing,

Sanctus & Benedictus

Land of Rest

All **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.**

Bishop We praise you, merciful Father, not as we ought, but as we are able, because in your tender love you gave the world your only Son, in order that the world might be saved through him. He made you known by taking the form of a servant, healing the sick, liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross, he confronted the power of sin and disarmed it for ever. In his offering of himself, he became the perfect and sufficient sacrifice for the sins of the whole world.

Redeemed by Christ, we have been adopted as your children; by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

In obedience to him and with grateful hearts we approach your holy table, remembering our Saviour's sacrifice, and rejoicing in his victory. Confident in his sovereign purpose, we declare our faith.

All **Christ has died, Christ is risen, Christ will come again.**

Bishop Send your Holy Spirit on us that as we receive this bread and this cup we may partake of the body and blood of our Lord Jesus Christ, and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love, and strengthened in our will to serve others; and make of our lives, we pray, a pure and holy sacrifice, acceptable to you, knitting us together as one in your Son Jesus Christ, to whom, with you and the Holy Spirit, be all honour and glory, now and forever.

All **Amen.**

The Lord's Prayer

McNeil Robinson

Bishop As our Saviour taught us, let us pray,

All **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Breaking of the Bread

Bishop "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All **Taste and see that the Lord is good; happy are they who trust in him!**

The Communion

Bishop The gifts of God for the People of God.
People **Thanks be to God.**

Agnus Dei

New Plainsong – David Hurd

All **Lamb of God, you take away the sins of the world: have mercy on us.**
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

Communion Hymn

Tune: I Want Jesus To Walk With Me (Sojourner)

All I want Jesus to walk with me.
I want Jesus to walk with me.
All along my pilgrim journey,
Lord, I want Jesus to walk with me.

In my trials, Lord, walk with me.
In my trials, Lord, walk with me.
When my heart is almost breaking,
Lord, I want Jesus to walk with me.

When I'm in trouble, Lord, walk with me.
When I'm in trouble, Lord, walk with me.
When my head is bowed in sorrow,
Lord, I want Jesus to walk with me.

Text & Music: African American spiritual.

Motet **Give Me Jesus**

arr. Moses Hogan

Cantor In the morning, when I rise give me Jesus;
You can have all this world give me Jesus.

When I am alone give me Jesus;
You can have all this world give me Jesus.

When I come to die,
Oh, when I come to die, give me Jesus.

You can have all this world,
just give me Jesus, give me Jesus.

Prayer after Communion

Bishop Let us pray.

Gracious God, in this meal you have drawn us to your heart, and nourished us at your table with food and drink, the body and blood of Christ. Now send us forth to be your people in the world, and to proclaim your truth this day and evermore, through Jesus Christ, our Saviour and Lord.

All **Amen.**

Bishop Glory to God,

All **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

The Blessing

Bishop The Lord bless you and keep you. The Lord make his face shine on you and be gracious to you. The Lord look upon you with favour and grant you peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always.

All **Amen.**

Hymn

Tune: Guide My Feet

All Guide my feet while I run this race,
guide my feet while I run this race,
guide my feet while I run this race,
for I don't want to run this race in vain!

Hold my hand while I run this race,
hold my hand while I run this race,
hold my hand while I run this race,
for I don't want to run this race in vain!

Stand by me while I run this race,
stand by me while I run this race,
stand by me while I run this race,
for I don't want to run this race in vain!

I'm your child while I run this race,
I'm your child while I run this race,
I'm your child while I run this race,
for I don't want to run this race in vain!

Search my heart while I run this race,
search my heart while I run this race,
search my heart while I run this race,
for I don't want to run this race in vain!

Guide my feet while I run this race,
guide my feet while I run this race,
guide my feet while I run this race,
for I don't want to run this race in vain!

Text & Music: African American spiritual.

The Dismissal

Deacon Go in peace to love and serve the Lord.

All **Thanks be to God.**

Postlude

Celebrant & Homilist: The Right Reverend Andrew Asbil

Assisting Clergy:

*The Very Reverend Peter Wall, The Reverend Canon Dr. Stephen Fields,
The Reverend Canon Deacon Jacquie Boutheon & The Reverend Deacon Martha Waind*

Reader: The Reverend Michelle Yeung

Honorary Verger: Paul D. Seddon, ODT

Music Director & Organist: Thomas Bell • Assisting at the Organ: Imre Olah

Cantor: Kate Zimmon

HYMN TEXTS ARE REPRODUCED WITH PERMISSION UNDER ONELICENSE.NET LICENSE #A-709278. NEW REVISED STANDARD VERSION BIBLE: (NRSV) ANGLICIZED EDITION, COPYRIGHT 1989, 1995, DIVISION OF CHRISTIAN EDUCATION OF THE NATIONAL COUNCIL OF THE CHURCHES OF CHRIST IN THE UNITED STATES OF AMERICA. USED BY PERMISSION. ALL RIGHTS RESERVED. TEXTS FROM THE BOOK OF ALTERNATIVE SERVICES ARE REPRODUCED WITH PERMISSION UNDER COPYRIGHT © 2004 BY THE GENERAL SYNOD OF THE ANGLICAN CHURCH OF CANADA. ALL RIGHTS RESERVED. REPRODUCED UNDER LICENSE FROM ABC PUBLISHING, ANGLICAN BOOK CENTRE, A MINISTRY OF THE GENERAL SYNOD OF THE ANGLICAN CHURCH OF CANADA, FROM ANGLICAN LITURGICAL LIBRARY. FURTHER COPYING IS PROHIBITED. MATERIAL FROM THE NEW ENGLISH HYMNAL © THE INTERNATIONAL CONSULTATION OF ENGLISH TEXTS. REPRODUCED BY PERMISSION OF THE ARCHBISHOPS' COUNCIL. V3



The Cathedral Church of St. James

Diocese of Toronto • Anglican Church of Canada

65 Church Street, Toronto, Ontario M5C 2E9

Cathedral Centre: (416) 364-7865 • Fax: (416) 364-0295
info@stjamescathedral.ca • www.stjamescathedral.ca

Bishop of Toronto

The Right Reverend Andrew Asbil

Interim Dean & Priest in Charge

The Very Reverend Peter Wall

Sub-Dean & Vicar

The Reverend Canon Dr. Stephen Fields

Interim Associate Priest

The Reverend Canon Beth Benson

Vicar of St. Bartholomew, Regent Park

The Reverend Dr. Walter Hannam

Pastoral Associate

The Reverend David Bryan Hoopes, OHC

Music Director & Organist

Thomas Bell

Honorary Verger

Paul D. Seddon, ODT