



- Transgender Programs
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NOTE

- In carrying out their ministry responsibilities, Anglican clergy are strictly limited to providing pastoral care and appropriate referrals.
- This document does not include psychiatric services and facilities; nor does it list individual practitioners such as social workers, psychotherapists, medical doctors, or psychiatrists.
- Faith communities included here are ones which have actively sought dialogue with the compiler of this document. Additions to the list are warmly welcome! See below for contact information.

Compiled by the Rev'd M. Rodrigues,
Honorary Assistant
Church of the Redeemer (Anglican), Toronto

ma.rodrigues@sympatico.ca

mrodrigues@theredeemer.ca

Updated: February 2023

TRANSGENDER PROGRAMS

The 519

the519.org

The 519 is a proud City of Toronto agency committed to the health, happiness and full participation of the 2SLGBTQ+ communities. Trans-related programs and services as of January 2023 include:

- FTM, Transmasc & Non-binary Support Group
- Meal Trans
- ODE: Remembered Voices, a two-spirit indigenous group for youth 16 to 25 years old
- Senior Pride Network
- TPOC Friendly Check-In
- Trans Youth Mentorship Program (TYMP)
- Trans People of Colour Project (TPOC)
- Trans ID clinic
- Transition support

Location 519 Church Street, Toronto, ON M4Y 2C9

Contact Info 416-392-6874; info@the519.org

People Yasmeen Persad, Coordinator, Trans Programs; Carl Kannegiesser, Manager, Meal Trans

Sherbourne Health

sherbourne.on.ca

Sherbourne Health offers a wide range of primary healthcare programs and services to Two-Spirit, lesbian, gay, bisexual, trans, queer and non-binary individuals with the goal of providing dignified, non-judgmental services to help clients feel better, cope better with day-to-day challenges and address specific 2SLGBTQ+ health issues. Groups and services as of January 2023 include Gender Journeys; Gender Joy; Mature Trans Sisters (MTS); Supporting Our Youth (SOY) groups for queer and trans spectrum youth aged 14 to 29; Trans Surgical Self-Care. Primary care providers have specific expertise in addressing the physical, mental and emotional needs of 2SLGBTQ+ people and their families.

Location 333 Sherbourne Street, Toronto, ON M5A 2S5

Contact Info 416-324-4103; info@sherbourne.on.ca; Rainbow Health Ontario 416-324-4100;
SOY Program Coordinator 647-730-3299

People Carolina Berinstein, Program & Services Director, 2SLGBTQ+ communities 647-730-3274

SPECIALIZED MEDICAL AND RELATED CARE

Women's College Hospital (WCH): Transition-Related Surgeries

womenscollegehospital.ca

WCH, along with a group of committed individuals from the community, has partnered with Sherbourne Health, Rainbow Health Ontario (RHO), and the Centre for Addiction and Mental Health (CAMH) to form the Trans Health Expansion Partnership (THEx). THEx supports the expansion of health services for trans individuals and communities across Ontario. As of 2023, WCH has launched Canada's first national center dedicated to integrated sex, gender and reproductive health services, including surgery, focusing on safe, inclusive care for women and for trans, gender-diverse, or intersex individuals across their lifespan.

Location 76 Grenville Street, Toronto, ON M5S 1B2

Contact Info transitionrelated.surgery@wchospital.ca; 416-323-6148



EMERGENCY/CRISIS CARE

Covenant House

covenanthouse.toronto.ca

Covenant House Toronto is the largest agency in Canada serving youth who are homeless, trafficked or at risk.

Location 20 Gerrard Street East, Toronto, ON M5B 2P3

Contact Info 416-598-4898

Distress Centers of Greater Toronto

dcogt.com

24-hour support for those in crisis, at risk for suicide and needing emotional support. Translation services offered.

Distress Line Number 416-408-4357; text 45645

Friends of Ruby Drop-In Youth Centre

friendsofruby.ca

Friends of Ruby supports 2SLGBTQIA+ youth aged 16 to 29 by providing free housing, food, physical and mental health services, social connection and community.

Location 489 Queen Street East LL01, Toronto, ON M5A 1V1

Contact Info 416-359-0237; housing@friendsofruby.ca

Gerstein Crisis Centre

gersteincentre.org

The Centre provides 24-hour community based crisis services for adults 16+ in the City of Toronto. Services include 24/7 telephone support in over 180 languages; in-person mobile crisis team; community support referrals; substance abuse crisis management; follow-up and access to short term crisis beds. All services are free and confidential.

Location 100 Charles Street East, Toronto ON M4Y 1V3

Crisis Intervention Number 416-929-5200

Hassle Free Clinic

hasslefreeclinic.org

Located in downtown Toronto, the HFC provides free medical and counselling services to trans individuals in many areas of sexual health, including through the Men/Trans and Women/Trans clinics.

Location 66 Gerard Street East, Suite 200, Toronto, ON M5B 1G3

Contact Info 416-922-0566

Kids Help Phone

kidshelpphone.ca

Always open, KHP provides a safe and trusted place for young people of every age in any moment of crisis or need, including Indigenous young people. It is Canada's only 24/7 mental health service offering free, confidential support to young people in English and French.

Help Line Number 1-800-668-6868

LGBT Youth Line

youthline.ca

Youth Line is a toll-free Ontario-wide peer support phone line for 2SLGBTQI youth. It offers confidential and non-judgemental peer support through telephone, text and chat services. Get in touch with a peer support volunteer from Sunday to Friday, 4 pm to 9:30 pm.

Youth Line Number 1-800-268-9688; text 647-694-4275

Mount Sinai Hospital

mountsinai.on.ca

Location 600 University Avenue, Toronto, ON M5G 1X5

Contact Info 416-596-4200; Emergency Dep't 416-586-5054

Rainbow Railroad, Toronto

rainbowrailroad.org

The mission of the Rainbow Railroad is to help displaced LGBTQI+ individuals escape violence and persecution within their home countries.

Location 401 Richmond Street West, Suite 360, Toronto M5V 3A8

Contact Info info@rainbowrailroad.ca

St. Joseph's Health Centre

unityhealth.to/st-josephs-healthcentre

Location 30 The Queensway, Toronto, ON M6R 1B5

Contact Info 416-530-6000

St. Michael's Hospital

unityhealth.to/locations/st-michaels-hospital

Location 30 Bond Street, Toronto, ON M5B 1W8

Contact Info 416-360-4000

Seniors Safety Line

eapon.ca

The SSL is the only 24-hour crisis and support line for seniors in Ontario who have experienced any type of abuse or neglect. Callers receive emotional support, safety planning, information and referrals in over 150 languages. The SSL is a "senior friendly" service with a live counsellor available to help navigate often difficult systems, 7 days a week, 365 days a year.

Safety Line Number 1-866-299-1011

Sunshine Centres

sunshinecentres.com

Sunshine Centres for Seniors serves seniors and persons with disabilities. They strongly support cultural diversity and inclusive participation. Seniors from all walks of life are welcome, including seniors from newcomer and racialized communities and those of all religions, cultures, gender identities, and sexual orientations.

Location 8-1033 Pape Avenue East, East York ON M4K 3W1

Contact Info 416-924-3979; info@sunshinecentres.com

Trans Lifeline Peer Support Hotline

translifeline.org

A not-for-profit organization that provides a 24/7 crisis hotline for transgender people, staffed by transgender volunteer operators. Operators are located all over Canada and the US, subject to volunteer availability.

Hotline Number 1-877-330-6366 (Canada); 1-877-565-8860 (US)

YMCA Youth Shelters

ymcagta.org/youth-programs-new/youth-housing

The YMCA has been providing housing and shelter for at-risk youth for decades. Whether it's family problems, trouble with the law, or just being locked out of the house, the Y will help you stay safe and warm, and get you the help that you need. Gender is self-identified, and both the Wagner Green YMCA (shelter) and Spratt House (residence) are trans-positive spaces

Location 2200 Yonge Street, Toronto, ON M4S 2C6 (YMCA offices)

Contact Info 647-438-8383



GAY-STRAIGHT ALLIANCES (GENDER & SEXUALITY ALLIANCES)

gsanetwork.org

tdsb.on.ca

A Gay-Straight Alliance (GSA) is a student-initiated and student-run student club. GSAs provide a safe, supportive environment for students of diverse genders and sexualities to meet, discuss sexual orientation and gender identity issues, and form community. Participating students may identify as two-spirit, lesbian, gay, bisexual, trans, queer, questioning, intersex, asexual, pansexual, non-binary (2SLGBTQ+) and many other identities. While each GSA is unique, there is never an expectation that students disclose their sexual or gender identity. For more information, please contact your local school board.

Contact Info Toronto District School Board 416-397-3000



TRANS-FRIENDLY FAITH COMMUNITIES

As a result of COVID-19, many faith communities are still offering services online as well as in person. Please contact each location for the details.

Anglican churches are marked with an asterisk (*). For a complete listing of trans-friendly United Churches located within the boundaries of the Anglican Diocese of Toronto, please check affirmunited.ause.ca/ontario. All communities listed offer gender inclusiveness, a safe space, and spiritual respect and support, while some provide specific programming.

All Saints Church-Community Centre*

allsaintstoronto.com

Sunday service of Holy Communion at 11 am; Wednesday Morning Prayer 7.30 am. Drop-ins MTh 8.30-2.30 pm; W 10.30-3 pm

Location 315 Dundas Street E, Toronto M5A 2A2

Contact Info 416-368-7768; admin@allsaintstoronto.com

All Saints Peterborough*

allsaintspeterborough.org

Location 235 Rubidge Road, Peterborough, ON K9J 3N9

Contact Info 705-876-1501; pastor@allsaintspeterborough.org

Beth David B'nai Israel Beth Am

bethdavid.com

Location 55 Yeomans Road, Toronto ON M3H 3J7

Contact Info 416-633-5500; info@bethdavid.com

Beth Tzedec Congregation

beth-tzedec.org

Location 1700 Bathurst Street, York, ON M5P 3K3

Contact Info 416-781-3511;

Birchcliff Bluffs United Church (Affirming)

bbuc.ca

Location 33 East Road, Scarborough, ON M1N 1Z9

Contact Info 416-694-4081

Dorothy's Place drop-in for 2SLGBTQ+ older adults

Contact Info 416-694-4081; dorothysplace4u@gmail.com

Cathedral Church of St. James*

stjamescathedral.ca

Community outreach programs; drop-in; health and foot clinic; refugee support

Location 106 King Street East, Toronto, ON M5C 2E9

Contact Info 416-364-7865; info@stjamescathedral.ca

Church of the Epiphany and St. Mark, Parkdale*

epiphanyandstmark.ca

Location 201 Cowan Avenue, Toronto, ON M6K 2N7

Contact Info 416-535-8240; epiphanyandstmark@gmail.com

Church of the Holy Trinity, Guildwood*

trinityguildwood.org

Location 85 Livingston Road, Toronto, ON M1E1K7

Contact Info 416-261-9503

Church of the Incarnation*

cotoronto.com

Location 15 Clairtrell Road, Toronto, ON M2N 5J7

Contact Info 416-221-7516; incarnation@toronto.anglican.ca

Church of the Transfiguration*

churchofthetransfiguration.ca

Location 111 Manor Road East, Toronto, ON M4S 1R4

Contact Info 416-489-7798; office@churchofthetransfiguration.ca

Congregation Darchei Noam

darcheinoam.ca

Inclusive, egalitarian and welcoming Reconstructionist congregation

Location 864 Sheppard Avenue West, North York, ON M3H 2T5

Contact Info 416-638-4783

Congregation Shir Libeynu

shirlibeynu.ca

Toronto's longest running, intentionally LGBTQ+ inclusive synagogue

Location 750 Spadina Ave., #122, Toronto, ON M5S 2J2

Contact Info 416-465-5488

Danforth Jewish Circle (DJC)

djctoronto.com

Joyous, inclusive, accessible, inspiring, and musical

Location 310 Danforth Ave., Toronto, ON M4K 1N6 (home)

Contact Info 416-580-6303

Holy Blossom Temple

holyblossom.org

Location 1950 Bathurst Street, Toronto, ON M5P 3K9

Contact Info 416-789-3291; templemail@holyblossom.org

Holy Trinity (Trinity Square)*

holytrinitytoronto.org

Location 10 Trinity Square, Toronto, ON M5G 1B1

Contact Info 416-598-4521

Metropolitan Community Church in Toronto (MCC)

mcctoronto.com

A vibrant, inclusive and progressive spiritual community and a renowned human rights centre.

Location 115 Simpson Avenue, Toronto, ON M4K 1A1

Contact Info 416-406-MCCT (6228); info@mcctoronto.com

Manor Road United Church (Affirming)

manorroadunitedchurch.com

Location 240 Manor Road East, Toronto ON M4S 1R8

Contact Info 416-483-0695

Masjid al Farooq Islamic Centre

masjidfarooq.com

Location 935 Eglinton Avenue West, Mississauga, ON L5V 1R6

Contact Info 905-858-7586 (currently under construction)

Metropolitan United Church (Affirming)

metunited.org

An Affirming Congregation welcoming everyone, inclusive of age, ethnicity, gender identity, ability and sexual orientation

Location 56 Queen Street East, Toronto ON M5C 2Z3

Contact Info 416-363-0331; office@metunited.ca

Parroquia San Esteban*

sanestebanonline.com

Worship service in Spanish

Location 10 Trinity Square, Toronto, ON M5G 1B1

Contact Info 647-938-1684; iglesiastesteban@hotmail.com

Trans-Esteban Group Drop-In: www.trans-anglican.blogspot.ca

The Redeemer Toronto*

theredeemer.ca

Community outreach includes The Common Table (CT), a grassroots community effort that offers meal service (from the front door or inside), gender-neutral washroom and phone access, daily toiletry supplies, basic health care services and housing referrals. Outreach carts go into the neighbourhood to reach those who need help. CT also provides social and creative activities, psychotherapy, support groups and more.

Location 162 Bloor Street West, Toronto, ON M5S 1M4

Contact Info 416-922-4948

Roncesvalles United Church (Affirming)

roncesvallesuc.com

A vibrant Christian community with a priority on LOVE

Location 214 Wright Ave., Toronto, ON M6R 1L3

Contact Info 416-536-1755; roncesvallesuc@gmail.com

Sanctuary

sanctuarytoronto.org

Sanctuary is both a church and a community. Guided by the Gospel, the heart and centre of its community are people who are poor and excluded elsewhere. It offers stability, dignity, resources and love through a health clinic, arts program, street outreach and Sunday services.

Location 25 Charles Street East, Toronto, ON M4Y 1R9

Contact Info 416-922-0628 x210

St. Aidan*

staidansinthebeach.com

Location 2423 Queen Street East, Toronto ON M4E 1H6

Contact Info 416-691-2222; office@staidansinthebeach.com

St. Andrew's Presbyterian Church

standrewstoronto.org

An inclusive community that welcomes all with open hearts and arms of love.

Location 73 Simcoe Street, Toronto ON M5J 1W9

Contact Info 416-593-5600; info@standrewstoronto.org

St. James the Apostle, Sharon*

stjamessharon.com

“We Are: A Safe Place” ministry to LGBTQ youth, their families and friends. Meetings on the last Thursday of the month but check the Facebook page for updates: facebook.com/weareasafeplace/

Location 18794 Leslie Street, Sharon, ON L0G 1V0

Contact Info 905-478-1959; stjames1959@gmail.com

St. John West Toronto*

sjwt.ca

Location 288 Humberside Avenue, Toronto, ON M6P 1L5

Contact Info 416-763-2393; pastor@sjwt.ca

St. Matthias, Bellwoods*

saintmatthiasbellwoods.ca

Location 45 Bellwoods Avenue Toronto M6J 3N4

Contact Info 416-603-6720; saint.matthias@sympatico.ca

St. Peter and St. Simon-the-Apostle*

stpeterstsimon.ca

Location 525 Bloor Street E., Toronto, ON M4W 1J1

Contact Info 416-923-8714; office@stpeterstsimon.ca

St Stephen-in-the-Fields*

saintstephens.ca

Inclusive Safe Space Drop-In Fridays 6 pm to 10 pm; inclusive weekend breakfast programs Saturday and Sunday

Location 103 Bellevue Ave Toronto, ON M5T 2N8

Contact Info 416-921-8435; ststepheninthefields@gmail.com

Trinity-St. Paul's United Church (Affirming)

trinitystpauls.ca

(also known as Trinity St. Paul's Centre for Faith, Justice and the Arts)

Location 427 Bloor Street West, Toronto, ON M5S 1X7

Contact Info 416-922-8435 x21



ADVOCACY, EDUCATION & RESEARCH ORGANIZATIONS

The ArQuives (formerly Canadian Lesbian and Gay Archives)

arquives.ca

The ArQuives is the largest independent LGBTQ2+ archives in the world, and since 1973 the only LGBTQ2+ archives in Canada with a national scope. The ArQuives aspires to be a significant resource and catalyst for those who strive for a future world where LGBTQ2+ people are accepted, valued and celebrated. Its mandate is to acquire, preserve, organize and give public access to information and materials in any medium, by and about LGBTQ2+ people, primarily produced in or concerning Canada, including a collection of queer and trans periodicals.

Location 34 Isabella Street, Toronto, ON M4Y 1N1

Contact Info 416-777-2755; admin@arquives.ca; queries@arquives.ca

Egale Canada

egale.ca

Egale's mission is to improve the lives of 2SLGBTQI people in Canada and to enhance the global response to 2SLGBTQI issues. Egale will achieve this by informing public policy, inspiring cultural change, and promoting human rights and inclusion through research, education, awareness and legal advocacy.

Location 120 Carlton Street, Suite 217, Toronto, ON M5A 4K2

Contact Info 416-964-7887

Eshel Toronto

eshelonline.ca

A community organization for Orthodox and formerly Orthodox LGBTQIA+ people and their families, including social events, holiday celebrations, and peer support.

Glad Day Bookshop

gladdaybookshop.com

Glad Day Bookshop is the first queer-focused Canadian bookstore, and the oldest queer bookstore in the world. Serving the LGBTQ+ community since 1970, it offers the widest possible selection of lesbian, gay, bisexual, trans, two-spirit, and queer literature, both in and out of print, as well as DVDs, magazines and novelties.

Location 499 Church Street, Toronto, ON M4Y 2C6

Contact Info 416-901-6600; books@gladday.ca

Immigration and Refugee Legal Clinic for LGBTQ+ Individuals

519.legal

Free over-the-phone and video-based general summary advice for LGBTQ+ refugees and newcomers around refugee-related matters and asylum claims with a focus on sexual orientation and gender identity

Location The 519 Community Centre, 519 Church Street, Toronto, ON M4Y 2C9

Contact Info 416-392-6874; legalclinic@the519.org

Pflag

torontopflag.org

pflagcanada.ca

Pflag Canada is proud to be Canada's only national organization that offers peer-to-peer support striving to help all Canadians with issues of sexual orientation, gender identity and gender expression. They support, educate and provide resources to anyone with questions or concerns. They promise to offer local, practical and

emotional peer-to-peer and on line family support for individuals and their loved ones challenged by gender/sexual identity. Information below is for Toronto Pflag; find your local chapter on the Pflag Canada website.

Location 200 Waverleigh Blvd., Toronto, ON M4C 1S2

Contact Info 416-406-1727; office@pflagtoronto.org ; 1-888-530-6777 (Canada); info@pflagcanada.ca

Senior Pride Network (Toronto)

seniorpridenetwork.ca

The Senior Pride Network Toronto is a volunteer-run association of intergenerational individuals, organizations and community groups that share an interest in and commitment to expanding programs and services for older two-spirit, lesbian, gay, bisexual, transgender, transsexual, queer and intersex people in the City of Toronto. The Network meets quarterly to share experiences and to work collaboratively on activities and projects designed to enhance services for older 2SLGBTQI+ people. The Network's Advisory Committee, elected by members, meets monthly to advise on the priorities, strategic direction and work plan of the Network.

Location Community Centre, 519 Church Street Toronto ON M4Y 2C9

Contact Info spntoronto@gmail.com

SPRINT LGBTQ

sprintseniorcare.org

Sprint Senior Care cares for seniors, including LGBTQI+ seniors, by providing a wide range of programming and educational resources of various kinds as an accredited not-for-profit community support services agency. SPRINT offers a wide range of practical and low-cost services to seniors and their caregivers.

Location 140 Merton Street, Suite 600, Toronto, ON M4S 1A1

Contact Info 416-481-6411; info@sprintseniorcare.org

Trans PULSE

transpulsecanada.ca

The Trans Pulse Canada team is a large group of community and academic researchers from across Canada. The majority of the team members are themselves trans and others are family and allies. Together they bring more than 180 person-years of experience on more than 80 community-based research studies, many of them in trans health, as well as years of experience working on trans and non-binary advocacy.

Contact Info 1-844-972-6772; info@transpulsecanada.ca

Toronto District School Board: Gender-Based Violence Prevention (GBVP)

tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention

The GBVP staff work to promote healthy relationships and safe environments in schools. Their core function is to prevent and address gender-based violence, homophobia, transphobia, sexual harassment, and inappropriate behaviour by students towards other students in schools, and they offer social work support to students and families. They also implement violence prevention programs and plans throughout the Board.

Contact Info Ilana.david@tdsb.on.ca

Toronto Public Library

www.tpl.ca

[The Pride Collection](#)

As of 2019, the Pride Collection is the largest circulating 2SLGBTQ+ collection in Canada, featuring some 3500 adult, teen and children's titles in multiple formats and genres/subjects: history, gender studies, arts, health. A dedicated team of selectors maintains and develops the collection. Programming is both online and in person, and includes a book club, author talks, story times, movie nights and more. While there are 2SLGBTQ+ materials available at every branch in the city, the most complete collection is held at Yorkville Branch.

Location 22 Yorkville Avenue, Toronto ON M4W 1L4

Contact Info 416-393-7660

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Canada through proudanglicans.ca

Church of the Redeemer

Anglican Church of Canada
162 Bloor Street West
Toronto ON M5S 1M4

theredeemer.ca/trans