



ACW Newsletter Summer 2023

Anglican Church Women

Diocese of Toronto

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PRAYER LINKS

July

Deanery of Peterborough
ACW sisters in the Dioceses of Kootenay,
New Westminster, Eastern Newfoundland
& Labrador
Primate's World Relief and Development
Fund

August

Deanery of Scarborough
ACW sisters in the Dioceses of Ontario,
Quebec, British Columbia
Women in Diocese of Bungoma, Kenya

September

Deanery of St James
ACW sisters in the Dioceses of Western
Newfoundland, Arctic
Mission to Seafarers

NATIONAL PRAYER PARTNERS

The ACW's in the Diocese of Toronto are
to pray for the ACW's in the Diocese of
Ottawa.

The ACW's in the Diocese of Qu'Appelle
are praying for the ACW's in the Diocese
of Toronto.

COMMUNICATIONS

Website: www.toronto.anglican.ca
(under About Us / Departments)

ANGLICAN CHURCH WOMEN JUST WANT TO HAVE FUN

were the closing words on the
video Waltz of the Walkers which was part of the
entertainment at the Women's Gathering for Fun and
Fellowship, April 29.

Over 60 women from many parishes in the southern
part of the Diocese gathered to meet each other in
person (finally) and enjoy a delightful and entertaining
tea. Ice-breaker BINGO proved to be an engaging
way to mix and mingle to meet our Diocesan
neighbours and a songfest closed the afternoon on a
high note.

Anglican Women in parishes across the Diocese (and
Canada) are involved in worship, learning and service
activities, while nourishing fellowship and encourag-
ing spiritual growth. Why not have fun while we do
this??

The Diocesan Anglican Church Women plan to
sponsor two such events each year, at various
churches around the Diocese, in addition to the
Annual General Meeting held by Zoom. The first
Women's Gathering was last fall, hosted by St. Paul's
Minden.



Please send us your photos and
News of your women's activities.

Deadline for next issue September 15, 2023

PRESIDENT'S MESSAGE

Dear Friends in Christ

"There is a time for everything, and a season for every activity under heaven." (Ecc. 3:1)

With the summer season beginning, our 'activity' is to slow down. It is the season for relaxing, for being outside, for taking a "vacation" from meetings, volunteer activities and work, for spending time with family and friends.

Studies have shown that vacation time improves overall mental and physical health. It can reduce stress and re-energize you. It may be time at a cottage, family visits, a trip or just relaxing at home.

But the key is to be "unplugged". Research shows that the ideal length of time for a vacation is between eight and eleven days. Can you stay "unplugged" for that long? Try it!! Give yourself permission to just 'be'. Take walks in local nature areas, have lunch or coffee with friends, read that book you bought ages ago.

In the fall, well rested, may you return to the next season, with renewed energy and creative ideas to continue your special ministry as an Anglican Church Woman.

Enjoy a relaxing and blessed vacation.

Enid Corbett



Chaplain's Reflection

Greetings to All

Gardens, barbeques, swimming, canoeing, and outside leisure, are all signs of the summer season. A season when the days will be longer, the weather warmer, and the bugs will be plentiful!!!

Just as there are seasons in nature, there are seasons in our lives. As we journey through each season, we become wiser, (we hope), and more experienced with life. Our bodies change, and our minds, opinions, and desires change as well. What was important in the early stages of life is different in the later stages of life.

We live in a world experiencing unsurpassed change, and a technical revolution. A time when what was the norm yesterday is not the norm today. It's not a myth but rather a scientifically proven fact that our bodies and minds change every seven years. All of us are changing every moment, our cells replace each other and are changing. The seasons of our lives will change. Change is inevitable and constant. There is absolutely nothing we can do to prevent, halt, or delay this part of human existence. As we mature from children to adults we change and think and act differently. As stated in 1 Corinthians 13:11, "When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me."

Some people don't like change, and cling to the "old ways." I believe most, and I emphasize most, change is and can be wonderful, live-giving, and sustaining. All of us know or have been affected by the benefits of life-saving changes in health care and the many other changes that make us comfortable and appreciative. Imagine life without, antibiotics, (where an abscessed tooth could mean death), deaths in childbirth, infant mortality, transportation, central heating, reliable food sources, or the many other benefits of change. Even though many changes are good, there is still time needed to learn, process and understand new ways and experiences. I think of my early days of trying to learn to navigate my computer. Yikes!!! The "undo" button and I have become best friends!!!

Yet, some things never change, and will always be a constant in our lives, and that is a very good thing!!! That constant is the love, hope, and salvation we experience in our relationship with God. Nothing can change this. As my life seasons have changed, so has my faith. It is stronger, with a deeper understanding of God, that has supported me through many "dark nights of the soul".

This assurance of God's never changing love, and salvation, provides me with hope, endurance, and courage, in a world that is forever in a constant flux of change.

My prayer is all will find this hope and salvation in God's love.

Every Blessing
Rev. Canon Joan Cavanaugh-Clark
Diocesan ACW Chaplain

PUBLIC RELATIONS

The following items are available through the Toronto Diocesan Anglican Church Women’s Office
135 Adelaide Street East, Toronto ON M5C 1L8
acw@toronto.anglican.ca 416-363-0018

Diamond-Chip Chancel Guild or

ACW Pins with Certificate (A) \$60.00

ACW or Chancel Guild Pins (B) \$35.00

New: ACW LED Flashlights.....\$5.00

ACW Tote Bags \$5.00

National ACW Pins (C)..... \$5.00

Chancel Guild Manuals \$5.00

or 4/\$15.00

ACW Notebooks \$3.00

Price reduced for “Quick Sale”

ACW Pens..... \$2.00

ACW Bookmarks or Chancel Guild

Prayer Cards \$0.35

(A)



(B)



(C)



**Invitation from the CWL
September 25, 2023**

I was delighted to hear that Toronto Diocesan ACW will be addressing the issue of Food Insecurity. We are organizing a Zoom workshop on Food Insecurity on Sept. 25 from 7-8:30 pm. The Young Street Mission will provide the keynote speaker. You are all invited to join us for this event.

From Hillarion Mitchell
Historian and Past President
Catholic Women’s League, Toronto Council

Further information will be forwarded to your churches as it becomes available.

BE THANKFUL

Be thankful for yesterday because you have wonderful memories to think about.

Be thankful for today because you are able to wake up to celebrate life.

Be thankful for tomorrow because you will be able to fulfil your dreams and wishes.

But most of all, be thankful to GOD for HE is with you everyday.

*From Diocese of New Westminster
News & Views Summer 2021*

SAVE THE DATE

"Fling into Fall "

A Spooky but Fun Event

All women are invited to gather at

the Church of Christ the King

475 Rathburn Rd. Etobicoke.

Saturday October 28th 2023

from 10:30 am to 2:30 pm

Registration information to follow in September

2023 ANNUAL GENERAL MEETING

Theme: HAVING FAITH

The new format for the Toronto Diocesan Anglican Church Women Annual General Meeting is to hold the meeting by Zoom to allow for easier access for women throughout the Diocese. In addition, Women's Gatherings for Fun and Fellowship are being held in person in various parts of the Diocese during the year. This year the Annual Meeting was held on Saturday April 22. Approximately 51 participants were welcomed into our Zoom room for the Meeting.

The meeting began with a warm welcome from our President, the reading of the Indigenous Declaration for our Diocesan Area, the singing of the Hymn "What a Friend We Have In Jesus" and the Toronto Diocesan ACW Prayer.

We were privileged to have our guest speakers the Venerable Lydia Constant and the Reverend Doctor Kara Mandryk begin the meeting with their discussion on Lydia's faith journey in which theology and ministry practice take place in a uniquely Indigenous context. Lydia is the College Elder and a Sessional Instructor at the Henry Budd College for Ministry in The Pas Manitoba. Kara is the Coordinator for the College.

Greetings were brought by Bishop Riscylla Shaw on behalf of the College of Bishops. We welcomed our guests and received greetings from: Janet Pike, vice-president of our National Board of Anglican Church Women of Canada, Sue Lubowitz, president of the Catholic Women's League of Toronto, Maxine Hobden, president of the Women's Inter-Church Council Toronto, Anita Gittens, treasurer of WICC Canada. Past Presidents of Diocesan ACW, Gladys McClellan. June Dyer, Marion Saunders and Anita Gittens were welcomed.

The business meeting opened with a devotion by our chaplain, the Rev. Canon Joan Cavanaugh, followed by opening remarks on our theme "Having Faith". The minutes of the 2022 AGM were presented and accepted. June Dyer presented the Nominations report which was displayed on-line. We welcomed Janice Hodgson as our new Executive Vice-President. The Board of Directors and members of the Finance Committee were installed by Bishop Riscylla.

Sandra McPhail, our treasurer, presented the 2022 financial reports, referring to the figures printed in the on-line Annual Report and shown on the Zoo screens. The review engagement statements were accepted and the 2023 budget was presented. Special Guest Steve Doherty, Executive Director of Youth Without Shelter shared how our Special Project money has helped youth in our Diocese. Kelly Bowman, President of the New Westminster Diocesan Anglican Church Women updated us on how our special donation to the new Retired Clergy of the Council of the North Fund will be used.

The motion to approve the revised by-laws was passed. The by-laws will now be sent to the Ontario government for final approval. We will now be in compliance with the newly amended Not-For-Profit Corporations Act 2010.

Sandra McPhail presented the Special Projects report, giving an overview of the 2022 recipient organizations. The new theme for Special Projects for 2024/2025 was voted on and is "Food Insecurity". Marlene Gardiner read the names of the many members whose names were inscribed in the Diocesan Anglican Church Women Memorial Book in 2022.

Words of appreciation were expressed to the Board for their support during the past year. Special thank you's were extended to Sandy McPhail our treasurer (working mostly from Nova Scotia), June Dyer who cheerfully works behind the scenes putting together the newsletter, Rev. Canon Joan Cavanaugh, our Chaplain, Judy, our Office Administrator, and Cheryl Gallagher who acted as co-host manager for the meeting.

Our meeting closed with the hymn (Amazing Grace), a prayer and blessing from our Chaplain.

Church of Christ the King ACW

A story of parishes helping other parishes.

In Sept. 2022. Mrs. Marlene Hayes, an active parishioner of the Church of Prince of Peace, Wasaga Beach, passed away after a brief illness. She had been working in her parish on a number of projects. One specific project was the setting up of a Parish winter Clothesline where socks, mitts, gloves, hats etc were placed on the line outside the church for anyone passing by who was in need of these winter necessities.

Marlene had been active at the Church of Christ the King before moving to Wasaga and bequeathed to the ACW there, 2 large bags of wool which she did not have the strength or time to fashion into useful items. The wool was delivered to my house by her son in October and I began looking for knitters and crochet “experts” to make use of this treasure.

In January, thanks to Fran Corkill of CTK, a large bag of mittens and toques resulted. These were fashioned from the many colourful bits and balls of wool. Just what Marlene would have wanted. All were transported to Wasaga Beach with a covering letter explaining how they had come to be.

Marlene had Cast the Net and carried on the friendship between these two parishes. What a blessing this was for all of us!

Cast The Net Update

Are you wondering what insights were gained through the ‘Cast the Net’ sessions with clergy and lay people? The “listening” phase is nearly completed and notes from the sessions have been analyzed. The final report will come to Diocesan Synod in November. But some reports, reflections and analyses based on these sessions are now posted on the Diocesan website. Keep informed!!

Go to toronto.anglican.ca *About Us Cast the Net.*

Good News:

Marlene Gardner has taken on the role of Area VP for York Simcoe. We thank Karen Bowman for her service in that role over the last few years.

Janice Hodgson has taken on the role of Executive Vice-President after serving on the Finance Committee for several years.

Thank you from Anglican Foundation:

Dear people of the Toronto Diocesan Anglican Church Women,

I am writing to thank you for your generous donation to the Anglican Foundation of Canada (AFC). We are grateful for your loyalty and for choosing to be part of this exciting journey in transformational ministry taking place across the Canadian church.

Since joining AFC in 2015 as grants administrator, and especially throughout this past year in my new role as Executive Director, I recognize that it is members like you who enable the connecting, resourcing, and equipping for ministry that is at the heart of AFC’s mission. From our regular grants program and bursaries for theological education, to the Say Yes! to Kids movement, and our Request-for-Proposals initiatives, the extent to which AFC can provide abundant resources and foster innovation across the Anglican Church of Canada depends entirely on the generosity of our donor family. You are contributing in a very direct and meaningful way to our efforts to imagine more and to fund a hopeful future for the Canadian church.

On behalf of every grant recipient whose vision for a local ministry project will be affirmed and supported by an AFC grant this year because of your support, we thank you!

Dr. Scott Brubacher,
Executive Director

Durham Region Migrant Workers Ministry (MWM)

Is your group or church looking for a new outreach project? This Anglican expression of mission in action is helping care for migrant farm workers through spiritual, practical and social support. Services are provided in Spanish and English for the workers, to support them in Canada and help them live out their faith. Migrant workers in Durham region come primarily from Central America and the Caribbean. Comprised mostly of Mexicans, many are not fluent in English nor aware of Canadian culture. They are in need of translators and assistance with life in Canada. The goal is to bridge the gap between the local community and the workers. As many men are away from home for 6 to 9 months, MWM is a family to them while they work away from home.

Activities and events, such as fiestas & health fairs, are organized by MWM. The working season can be difficult for a migrant worker. Not only is the job tough, but they are apart from their family and in a foreign culture. To bridge that gap, cultural nights and fiestas are held. This gives them a feeling of home and community. By having events open to participation by the local community, it allows the local community to learn of the workers' home culture and strengthen community relationships.

Help is needed. In addition to monetary donations or donation of time, the following **items are needed.** They can be dropped off at St Saviour's Church, 23 Mill St., Orono, Tuesdays 2:30pm to 5:00pm or Saturdays from 9am to 12 noon.

- *Non-perishable food:* sugar, salt, instant coffee, white rice, small water bottles, soft drinks, snacks
- *Hygiene/Cleaning supplies:* toilet paper, shampoo & conditioner, toothpaste, bar soap, deodorant, aftershave, shaving razors
- *Clothing (clean and washed only):* T-shirts, M,L,XL, long sleeve and short sleeve button shirts, hoodies & winter coats, new socks & underwear (in pkg), belts, ball caps, toques
- *Shoes:* running shoes, work shoes, rubber boots, work boots Sizes 7 to 12
- *Miscellaneous:* saucepans, fry pans, dish-washing detergent, backpacks, blankets

For more information see the webpage:
migrantworkerministry.ca

A HOME FOR THE HEART

From the Rule of St. Benedict, Chapter 53: "All guests who present themselves are to be welcomed as Christ, who said, 'I was a stranger and you welcomed me (Matthew 25:35).' Once guests arrive, they are to be met and treated with all the courtesy of love."

The Anglican Sisters of St. John the Divine keep these words of Jesus, quoted by St. Benedict in the sixth century, at the front of their hearts and minds as they welcome guests to the Convent Guest House. From the time of our founding in Toronto in 1884 until now, the ministry of hospitality has always been a central part of our lives. The Guest House in north Toronto is a place where individuals can come for rest and refreshment, where parish groups and other church groups can come on a day or overnight retreat, and where people can come for pastoral support and spiritual direction. We also offer retreats that anyone can register for – Quiet Saturdays, Quiet Garden Days in the summer, as well as day and overnight them retreats with leaders on a variety of different topics that help people deepen their Christian discipleship and their personal relationship with God.

But we have a challenge with a nearly 70-year-old building. A building constructed in 1956, as you might imagine, even as lovingly maintained as ours has been, inevitably needs major upgrades and renovations necessary to keep the building viable as well as more comfortable and welcoming for our guests. Most of these have to do with accessibility, with more efficient and environmentally friendly building systems, up-to-date HVAC systems, renovation of bathrooms, replacement of old windows, and necessary outdoor upgrades, especially repointing of some of the brick work. The total project cost is \$6 million.

The Sisters are stepping out in faith and using \$2 million of our Endowment Fund for this project – a bit risky, because we depend on revenue from the Endowment to help fund operating expenses. We are hoping that our friends nationwide as well as in the Diocese of Toronto will also be empowered to step out in faith and help us raise the other \$4 million.

For over 140 years, the Sisterhood has supported women's health (with the first women's surgical hospital in Toronto), the education of children, care of the elderly, inner-city missions, and many other forms of service to the church and the people whom God puts in our path, in almost every province in Canada. We hope to continue with serving God's children for many more years, and your assistance in renovating our "Home for the Heart" will be a gift to so many.

Members of the Capital Campaign Committee:

Sr. Constance Joanna, SSJD, Co-Chair
Archbishop Fred Hiltz, Co-Chair
Archbishop Colin Johnson,
Dean Peter Wall
Rev. Marilyn Newport (Dartmouth, NS)
Associate Rev. Connie Phillipson (Mulmur, ON)
Associate Marilyn Box (Ottawa, ON)
Oblate Sandi Patterson (Victoria, BC)