

The Christian Foundations discipleship resource.

Christian Foundations is a nine-week course. It was written to help people explore, or feel more confident expressing, the basic foundations of the Christian faith.

The topics covered include: an overview of the story of the Old Testament, the Gospels and Epistles, key points in Church history, and an introduction to spiritual disciplines and how our faith connects with our everyday lives. Each week before we meet online, participants will read about, and then engage with, one of the following questions:

- ❧ How can I know and serve God?
- ❧ What is the story of Israel (Part 1 & 2)?
- ❧ Who is Jesus and what did he teach?
- ❧ How did the Church get started?
- ❧ What do Christians believe?
- ❧ Why are there so many sorts of Christians?
- ❧ How can I grow in my faith?
- ❧ What is my part in the kingdom of God?

The workbooks include fillable maps, timelines, interactive exercises, and questions for group discussions. During these one-hour sessions we'll discuss key points from that week's reading as well as discussing questions about how our lives today connect with what we're learning.

Everyone should order their own workbook well ahead of the starting date. These cost \$30 plus shipping, and can be ordered at:

<https://www.wycliffecollege.ca/wycliffe-serves/christian-foundations/purchase>

(For anyone living or working in Toronto, you can save the shipping cost by picking up your workbook at Wycliffe College at 5 Hoskin Avenue, Toronto. To arrange this, please call the front desk of Wycliffe College at 416-946-3535.)

Course dates

Tuesdays 7:30-8:30pm

September 16th -November 11th 2025

